

**Adams, Candace R.**

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**From:** hans.gilljam@smd.sll.se  
**Sent:** Monday, May 12, 2003 12:00 PM  
**To:** Multiple recipients of srntlist  
**Subject:** [SRNTLIST] Comparing exposure from pipes and cigars to that of cigarettes

Suggestion on how to count pipe and cigar smoking compared to cigarettes.

We have performed an epidemiological study on asthma and COPD. We can estimate pack-years but we also have detailed information about pipe and cigar smoking.

Questions:

1. How to translate pipe/cigar smoking to cigarettes? If a smoker has been an exclusive pipe smoker or has used both cigarettes and pipe - how to convert the consumption of pipe tobacco or cigars to cigarettes?

Any suggestions how much the following corresponds to in cigarettes?:

An average of 50 g pipe tobacco per week=

An average of 50-100 g pipe tobacco per week=

An average of >100g pipe tobacco per week=

0-1 cigars/per day=

2-4 cigars/per day=

5-> cigars/per day=

2. Any good references on the subject?

Dr Matz Larsson via Hans Gilljam  
Hans Gilljam MD PhD,  
Associate Professor, Karolinska Institutet  
Stockholm, Sweden

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Visit WHO/SRNT's [www.treatobacco.net](http://www.treatobacco.net) for up-to-date, independent, authoritative, evidence-based summaries on the treatment of tobacco dependence, in nine languages.

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